Expert in B.C.
(who happens to be American)
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metroNEWS

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Mumford and Sons headlined the music festival in 2015.
JENNIFER GAUTHIER/METRO FILE

Christian wins human-rights decision in B.C.

DISCRIMINATION

Trinity Western grad not hired by Norwegian company

A graduate of a Christian university has been awarded $8,500 by a British Columbia human-rights tribunal that found a company refused to hire her in part because of her religion.

Bethany Paquette applied in September 2014 for an assistant guide position with Amaruk Wilderness Corp., which says it is headquartered in Norway and operates an office in Vancouver.

The tribunal says the graduate of Trinity Western University received an emailed response from wilderness guide Olaf Amundsen, who informed her she was not qualified.

"Unlike Trinity Western University, we embrace diversity, and the right of people to sleep with or marry whoever they want, and this is reflected within some of our staff and management," he wrote.

The university's plans to open a law school in Langley have drawn national criticism of its so-called community covenant that forbids sex outside of marriage between a man and a woman.

Paquette replied to Amundsen's email with a lengthy defence of Trinity Western's ban on sex outside of marriage.

"This is nothing new: people who did not agree with your church would be flayed, burnt, roasted, quartered, etc. … so you guys have a long history of intolerance," Amundsen replied.

Shortly after, Paquette filed a complaint against Amaruk and company director Christopher Fragassi-Bjornsen with the B.C. Human Rights Tribunal.

In the decision, tribunal member Norman Trerise says religious discrimination was a factor in the company's rejection of Paquette's employment application, and that the emails sent by staff were "egregious" religious harassment.

He ordered the company to pay her $8,500 for injury to her dignity and self-respect, as well as $661.08 to reimburse various expenses. He also ordered the company to stop discriminatory practices. However, Trerise also found Paquette was not qualified for the position and declined to award her lost wages.

Paquette's lawyer, Geoffrey Trotter, said in a statement the decision "is a victory for Bethany and for equal treatment for everyone, regardless of their beliefs or background." THE CANADIAN PRESS

"People who did not agree with your church would be flayed.
Olaf Amundsen

SUMMER BUMMER

Organizers pull the plug on the Squamish Valley Music Festival
metroNEWS

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Your essential daily news

Scientists discover the gene that makes us go grey. **World**

‘Eager to take our place’ in new economy, says PM

ENVIRONMENT

Trudeau says Canada must balance energy, climate needs

Prime Minister Justin Trudeau said the world economy is quickly moving toward recognizing the importance of protecting the environment, and he wants Canada to be part of it.

“The future is coming at us fast, and I know Canadians are ready for it. We’re eager to take our place among the leaders in this new economy. Canadians don’t fear the future. We want to play a leading role in shaping it,” Trudeau said Wednesday in an address to the opening plenary session of the Globe Series clean technology conference in Vancouver.

Trudeau said, however, that cannot mean abandoning the oil and gas sector — including plans to build more pipelines.

“The choice between pipelines and wind turbines is a false one. We need both to reach our goal, and as we continue to ensure there is a market for our natural resources, our deepening commitment to a cleaner future will be a valuable advantage,” he said.

It was not the most popular line in a speech otherwise devoted to the goal of accelerating the transition into a low-carbon economy — the announcement of $125 million in clean-technology funding was greeted more warmly by the friendly crowd — but it displayed the fine balancing act Trudeau must perform as he headed into tough negotiations with the 13 provincial and territorial premiers.

The PM addresses the Globe 2016 conference in Vancouver. JONATHAN HAYWARD/THE CANADIAN PRESS

The goal of the first ministers meeting is to hammer out how Canada can live up to the commitment, and the hype, of the COP21 United Nations climate conference in Paris last December.

> Canadians don’t fear the future. We want to play a leading role in shaping it. Prime Minister Justin Trudeau

“All the provinces made a commitment in Paris to be part of the solution. I know Canadians are united in their desire to see concrete and positive action in the area of the environment and clean energy. We will work together,” Trudeau said.

That was in response to a question about whether the Liberal government would impose a carbon-pricing regime on provinces that are resisting the idea — Saskatchewan Premier Brad Wall, who is running for re-election, is the most vocal among them — a major sticking point heading into the meeting.

It is highly unlikely, though, that a pan-Canadian carbon price would be decided this week.

“What we want first and foremost is the flexibility to determine within each and every jurisdiction, the way that we see fit to best reduce the carbon footprint in our provinces and keeping our economies competitive,” Newfoundland and Labrador Premier Dwight Ball told reporters Wednesday after the premiers wrapped up their own meeting without Trudeau.

Even Ontario Premier Kathleen Wynne said she does not support the government imposing anything on the provinces.

“It’s important to acknowledge our partners in Canada’s provincial legislatures ... premiers who have led the push to phase out coal power in Ontario and Alberta and put a price on carbon in Quebec and here in British Columbia,” Trudeau said in his speech Wednesday.

“These are politicians of different stripes and different beliefs, but they come together on this issue, because the environment ought not to be a partisan issue,” he said. TORSTAR NEWS SERVICE

INDIGENOUS VOICES

Groups put case to Trudeau

Prime Minister Justin Trudeau sat down with aboriginal leaders Wednesday to discuss a role for First Nations in the fight against climate change.

But Trudeau was defending himself even before the talks began, over the decision not to include the Congress of Aboriginal Peoples, which represents non-status aboriginals, and the Native Women’s Association of Canada.

“The federal government saw fit to invite me to go to Paris for the UN meeting on climate change,” said the Congress’s Chief Dwight Dorey.

“If I was good enough to go there why would I not be at this one? It just doesn’t make sense.”

Dawn Lavell-Harvard of the Native Women’s Association called it an issue of respect.

“Choosing to exclude the Native Women’s Association of Canada from the first ministers meeting was unfair, and speaks volumes to the ongoing lack of respect for indigenous women’s and girls’ voices in Canada,” she said.

Trudeau said there will be plenty of chances for those groups to make their opinions known at future conferences.

“I have had over the past months many meetings both with the national aboriginal organizations together but also individually with leaders and communities and the activists from the indigenous community to talk about the issues facing them,” he told reporters. THE CANADIAN PRESS

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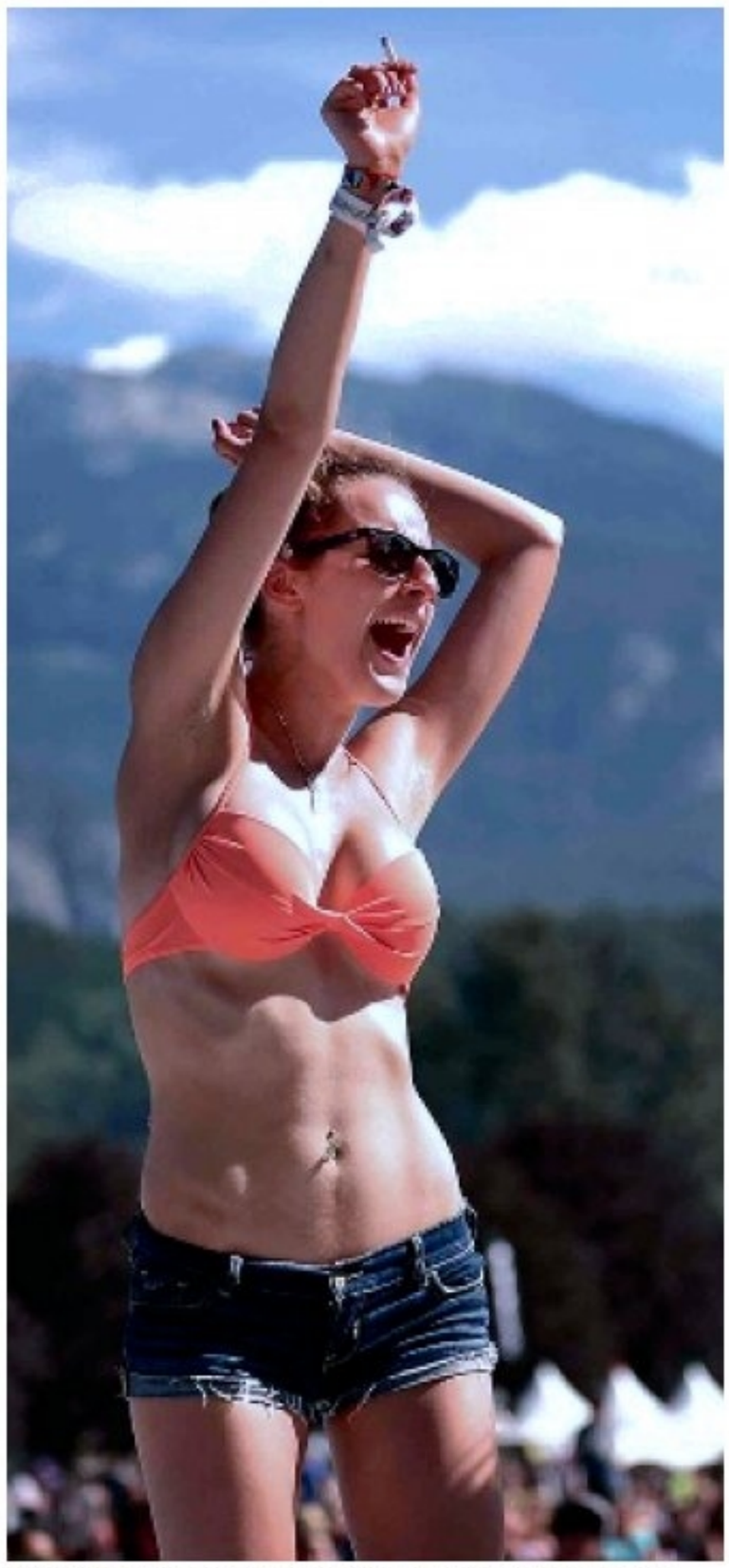
Squamish festival goes silent



Nicole Moller dances during Hollarado's set on the Tantulus stage in 2014. JENNIFER GAUTHIER/METRO FILE

MUSIC

Organizers said cancellation was a 'business decision': Mayor

Thandi Fletcher
Metro | Vancouver

The Squamish Valley Music Festival, scheduled to take place Aug. 4 to 7, has been cancelled.

Organizers made the announcement in a brief statement posted on the festival's website Wednesday.

"We have made the extremely difficult decision to not proceed with the 2016 festival, due to take place in August," the statement reads.

"This decision was not made lightly and we sincerely apologize to all the people this decision affects: the fans, artists, industry partners, corporate partners, suppliers and all of our supporters within the community of Squamish."

The festival's Facebook, Twitter and Instagram accounts also appeared to have been deleted Wednesday.

Live Nation Canada and Brand Live, the festival's co-producers, declined to comment on the cancellation, referring Metro to the statement on the event website.

Squamish Mayor Patricia Heintzman said news of the festival's cancellation is "disappointing" and came to her as a "complete surprise."

She said organizers delivered the news to her Tuesday, saying it was a "business decision," which she suspects was likely influenced by the low Canadian dollar.

"The whole festival industry is very competitive and is going through challenges," she said.

"I think there was just a number of factors that started to compound and they needed to make a business decision."

It's unclear if the low Canadian dollar is affecting other local music festivals.

Huka Entertainment, organizers of the nearby Pemberton Music Festival, declined to comment on Squamish's cancellation Wednesday.

> **We're going to work with them and obviously do what we can to see if we can rejuvenate it in 2017.**
> Patricia Heintzman

Last year's Squamish festival was headlined by Grammy winner Sam Smith, Drake and Mumford and Sons, and drew more than 118,000 people—a record for the annual music event, which first started in 2010.

With the festival injecting an estimated $15 million to the community in direct revenue and a significant branding boost in the form of media coverage and social media impressions, the cancellation is a significant blow to the town, said Heintzman.

But Heintzman said she is confident the town's other attractions, like the Sea to Sky Gondola, will continue to attract tourists and help make up that lost revenue.

She said she is hopeful the festival will return in some form next year.

"They need to re-tool and come up with a business plan that works in today's economy and today's festival market that's a little more resilient to fluctuations in the dollar," she said.

"We're going to work with them and obviously do what we can to see if we can rejuvenate it in 2017."

Fans were quick to share their disappointment about the festival's cancellation on social media Wednesday.

A petition to bring the event back also appeared on Change.org, calling on Live Nation to reverse the decision.

At press time, 57 people had signed the petition.

Arcade Fire plays the festival in 2014. JENNIFER GAUTHIER/METRO FILE

UBC cuts greenhouse gas emission by 30% since '07

ENVIRONMENT

Sustainability initiative has unprecedented gains: Director

Matt Kieltyka
Metro | Vancouver

The University of British Columbia believes its strides toward sustainability are "unprecedented."

James Tansey, executive director of UBC's sustainability initiative, announced Wednesday that the university saw a 30 per cent decrease in greenhouse gas emissions, compared to 2007 levels, last year.

The feat is even more impressive considering UBC's student population grew 20 per cent and the size of the campus' physical footprint expanded by 16 per cent in the same time.

"It's fairly unprecedented — not just for a university, but it also shows what municipalities can do to dramatically reduce emissions," Tansey, who was taking part at the GLOBE 2016 conference in Vancouver, told Metro.

The University of British Columbia's Point Grey campus has cut its greenhouse gas emissions by 30 per cent. EMILY JACKSON/METRO FILE

Tansey said the biggest environmental gains have come from replacing the university's antiquated natural gas and steam-powered heating systems.

The projects, one of which is ongoing and is expected to help reduce emission by a further 67 per cent by 2020, do come with a high up-front cost.

Switching the steam heating infrastructure over to a more efficient hot water heating system, for example, will cost $88 million.

> **In B.C., we have carbon pricing for all the emissions we contribute, so it's saving us money.** James Tansey of UBC

But with government grants, Tansey says, there's still a strong business case for making the switch.

"In B.C., we have carbon pricing for all the emissions we contribute, so it's saving us money because of what we would have been paying into the carbon tax," he said.

"In all areas, we should at least break even, if not save money."

UBC received $6.95 million in provincial funding for its hot water heating system, and has received a further $1.25 million over the last two years under the Carbon Neutral Capital Program.

CARBON NEUTRALITY

Earlier this year, the provincial government released a report that B.C. is the first provincial, state or federal government to achieve five years of carbon neutrality in North America.

Public institutions, such as UBC, are required by law to operate with net-zero greenhouse gas emissions through a combination of reductions and offsets.

The university's overall emissions were approximately 42,000 tonnes in 2015, down from 61,000 in 2007.

POLL RESULTS

Pipeline plans not popular

Support for major pipeline projects in British Columbia continues to fall, a poll indicates.

Insights West released its latest survey on Enbridge's Northern Gateway and Kinder Morgan's Trans Mountain pipeline projects and found support for both has dropped six points since July 2015.

The level of animosity toward the project by those opposed remains about the same, but Insights West vice president Mario Canseco said confidence among supporters seem to be dwindling.

"What we see is the level of people who are undecided is up and it's all coming from people who were once supporters," said Canseco.

The biggest factors, he believes, are the more environmentally-friendly tone of Prime Minister Justin Trudeau's new federal government and the continued financial hardship of the oil industry in Alberta.

"More people are saying, 'I don't know if this should go through,'" Canseco said.

Opposition to Northern Gateway has remained basically the same (51 per cent, compared to 52 last year) but support dropped to 35 per cent from 41.

The percentage of people who were not sure if they support the project is at 14 per cent, up from eight per cent in July.

The numbers look similar when it comes to the proposed Trans Mountain pipeline.

Opposition barely changed (45 per cent from 46) while support fell to 36 per cent from 42.

Nineteen per cent are not sure if they support Kinder Morgan's project, up seven points from 12 per cent.

MATT KIELTYKA/METRO

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‘Cycleangelo’ uses streets as his canvas

VICTORIA

Maps out GPS bike routes, creates viral ‘doodles’

Darth Vader is one of his most popular doodles. GPS DOODLES

The artist, Stephen Lund, at work. CONTRIBUTED

The anteater (left) and his most intricate, the mermaid. GPS DOODLES

They call him Cycleangelo. His canvas is the streets of Victoria and his artist’s tools are a bicycle and a pair of spandex-clad legs.

Stephen Lund, 50, has become a minor celebrity in the biking world after creating more than 85 incredible virtual “doodles” by tracking his specially designed bike routes via GPS, and uploading them to the Internet.

He started with a simple New Year’s message spelled out on the streets, but his designs quickly evolved into massive, amazingly complex critters and characters that take hours to plot out and even longer to cycle through.

Lund, a 50-year-old who works as a marketing consultant, is an avid amateur cyclist. He said he biked more than 22,300 kilometres last year, about a quarter of which he spent on his map art.

He said he conceived of the doodles as “a way to inject a little bit of fun into my bike rides” after he bought a GPS tracking device and paired it with the Strava app a little over a year ago.

“It struck me almost immediately that this red line on the map had more to it than just tracking ... I decided to do some experimentation,” he said.

The pieces, some of which span an area greater than 100 square kilometres, require meticulous planning. He uses the satellite and Street View features on Google Maps to write himself directions so detailed that he knows to turn “at this fire hydrant three-quarters of the way up the block.”

Some of Lund’s pieces represent a single continuous ride. But if the roads don’t align with his design he uses what he calls the “connect-the-dots” method — he turns off his GPS device and restarts it again from another position, which creates a straight line on the map and allows him to craft more intricate details.

The process can involve many stops and starts, so he has to pay close attention to where he is. There are no erasers when you’re drawing with GPS. “Three hours, four hours into a ride you start to get tired. You stop focusing and you miss a turn, and it’s like, ‘Oh, my god.’ ”

On at least one occasion, Lund has had to abandon a project partway through when he realized he botched it.

So far, he’s drawn sea serpents, kangaroos, Darth Vader and Yoda, and even written “Merry Christmas.” But he said his favourite work is probably Garmina the Giraffe, a 95.4-km doodle he completed in February 2015 and was his first to go viral.

His most difficult was a mermaid, whose face and hair he rendered in astounding detail. He said it took about 12 hours to design, and once he hit the road to create it, he had to use three bikes because he damaged the first two.

The 220-kilometre trip was also hampered by rain, and took him two days to finish.

“It was like the universe was conspiring against it,” he said. “I would have been just absolutely distraught had it not turned out. There was no way I could have gone out and repeated the whole thing.”

Lund’s doodles are so incredible that some people don’t believe they’re real. Internet commenters have accused him of being a fraud, he said, but he’s adamant the images are authentic. He said the proof is that he records and posts them through the Strava app. “You can’t outwit the GPS,” he said.

Most people’s reactions have been overwhelmingly positive. He’s done spots on Canadian and American television, been featured in numerous cycling magazines, and last November was invited to speak at the TEDx conference in Victoria.

TORSTAR NEWS SERVICE

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*Canadian residents who have reached the age of majority in their province or territory can enter the contest at **www.hyundaisupersearch.com** between February 13, 2016 at 12:01am (ET) and April 4, 2016 at 11:59pm (PT). One entry per each Weekly Prize. One entry per Grand Prize. Four (4) Weekly Prizes of CDN$2,500.00 each, and one (1) Grand Prize of CDN$20,000.00. To be eligible for Grand Prize, contest participant must perform test drive of a new Hyundai vehicle at a Canadian Hyundai dealership and submit the correct answer to the final SuperSearch Clue. To be eligible for secondary Weekly Prizes, contest participant must submit the correct answer for each respective Weekly SuperSearch Clue. Each Weekly Prize is exclusive of each other; answer submission for all Weekly Prizes is not required to be eligible to win any one (1) Weekly Prize. Chances of winning depend on the total number of eligible entries received. Eligible winners must correctly answer skill-testing question. Prize draws will be held at 16 Mary Street, Unit 4, Aurora, Ontario at approximately 2:00 PM (ET) on April 7, 2016. No purchase required. Complete rules available at www.hyundaisupersearch.com. ™/®The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp.

Empty home data finally on the way

HOUSING

City seeks ways to address affordability problem

Emily Jackson
Metro | Vancouver

Vancouverites will finally learn how many of its houses and condos sit empty, a phenomenon that irks locals who struggle to find affordable places to live.

The City of Vancouver is scheduled to reveal its much-anticipated research on vacant housing units next Tuesday. The city used B.C. Hydro data to analyze utility usage to estimate how many homes are vacant.

Many residents and politicians have speculated that empty homes contribute to the city's affordability problem by making it harder to find a place for people who actually want to live in Vancouver, but there has not been enough solid data to prove the hypothesis.

The city started researching the issue in spring 2015. Empty homes continue to discussion about lifeless neighbourhoods, with the blog "Beautiful Empty Homes of Vancouver" showcasing photos of livable homes with no occupants.

Mayor Gregor Robertson has also put a spotlight on the issue, previously blaming empty homes alongside real estate speculation for the city's affordability problems.

"If there's no incentive to rent your empty place, people can sit on it as a business holding. That's keeping people out of our city or preventing locals from staying, which just doesn't make sense," Robertson told Metro last spring.

"If you want to hold a property empty, that's a business decision and I believe it should cost more."

"That's a business decision and I believe it should cost more."

Mayor Gregor Robertson, on holding property empty

Robertson, however, emphasized he is concerned about absentee owners, not foreign ownership.

The research will be released several weeks after a group of professors from the University of British Columbia and Simon Fraser University called for a tax on vacant properties whose owners don't earn an income in Canada.

The idea is that if people don't live in homes and contribute to the economy, they should be taxed in order to make up for parking their cash in a real estate goldmine.

A house on W. 41st Avenue. ERIC DREGER/THE CANADIAN PRESS

LEGISLATURE

Protest over bus pass fee

About 300 disabled people protesting on the steps of the British Columbia legislature cheered when an advocate called the government mean and shameful for introducing a fee for a bus pass that has been free.

Inclusion B.C. spokeswoman Faith Bodnar says the government announced a $77-a-month increase in disability rates in last month's budget, but also introduced a $52 monthly bus pass fee.

She says the disability rates were increased for the first time in nine years, though disabled people won't pocket much because they'll now have to pay to take the bus. Bodnar says the bus pass fee ends up cutting the monthly disability hike to between $11 and $25, depending on which bus service a disabled person uses.

Social Development Minister Michelle Stilwell says the government is providing $170 million over three years to increase disability rates.

THE CANADIAN PRESS

Housing demand expected to soar

SOTHEBY'S REPORT

Detached homes likely to remain unaffordable

Emily Jackson
Metro | Vancouver

B.C.'s new, higher tax on the sale of homes worth more than $2 million isn't expected to cool Vancouver's luxury housing market, according to a report from Sotheby's International Realty Canada.

Instead, Sotheby's predicts demand will continue to get hotter for luxury homes, especially those worth more than $4 million in desirable neighbourhoods, according to its spring outlook released Thursday.

"Luxury home sales in Toronto and Vancouver will continue to defy gravity this spring," Sotheby's International Realty Canada CEO Brad Henderson said in a statement.

Sotheby's uses the $4-million mark for luxury homes in Vancouver where in January the average price of a detached house hit $2.9 million on the west side and $1.2 million on the east side.

In the first two months of 2016, $1-million home sales in Vancouver have already increased 23 per cent over this period last year, according to the report.

Sotheby's anticipates the market-cooling measures the province announced February in its 2016 budget — namely, an increased property transfer tax for homes priced over $2 million — won't negate the strong demand resulting from the limited supply of detached homes, low interest rates and international demand, specifically from China.

"Luxury home sales in Toronto and Vancouver will continue to defy gravity this spring."
Sotheby's International Realty Canada report

In fact, the agency expects more bidding wars and fewer days on the market for detached homes.

Not surprisingly, Sotheby's predicts that affordability will be a "critical concern."

In order to try to address the problem for those who can't afford to drop $4 million on a place to hang their hat, the province eliminated the property transfer tax for purchases of new homes costing less than $750,000.

Pricey property: 6062 Marguerite Street was listed at $6,488,000 last summer. CONTRIBUTED

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ANIMALS

U.S. expert to visit elderly elephant

All Carol Buckley wishes for her first encounter with Japan's oldest elephant is that zookeepers accompany her to Hanako's concrete enclosure and allow her to observe peacefully.

When the elephant behaviour consultant from Tennessee travels to Tokyo on Thursday to improve the 69-year-old animal's welfare she says she will not "go bombarding in like an American."

"The bottom line is, this situation with Hanako is not a cultural issue," she said. "It's an elephant issue."

Buckley, an expert with more than 40 years' experience, has been hand-picked by a Vancouver woman spearheading a global campaign to make the elephant's final years more comfortable.

Ulara Nakagawa says she secured a meeting with administrators at the Inokashira Park Zoo after garnering more than 411,000 signatures in an online petition to assess the elephant's health and living conditions. THE CANADIAN PRESS

IN BRIEF

Device 'no danger'

A suspicious device found in a car halted traffic on Beatty Street near Dunsmuir for a couple of hours Wednesday.

A Vancouver police officer found the device during a traffic stop around 9:30 a.m. and thought it could be an explosive.

Police closed the road and called an emergency response team and the explosive disposal unit. They determined the item was not dangerous and the road was reopened by 11 a.m.

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Prairies show low support for inquiry

INDIGENOUS ISSUES

Survey reveals pessimism toward feds' step on MMIW

Braeden Jones
Metro | Winnipeg

Manitoba, Alberta and Saskatchewan have the greatest concentration of indigenous people in the country, but Prairie residents' support for the ongoing inquiry into missing and murdered Indigenous women (MMIW) is lower than anywhere else.

Results of an Angus Reid Institute survey released Wednesday shows Prairie residents are less confident than other Canadians that the inquiry will yield a better situation for indigenous women.

In Manitoba, which Indigenous Affairs Minister Carolyn Bennett calls "ground zero" for the issue, only 33 per cent of respondents are optimistic things will improve post-inquiry.

A further 33 per cent are "very pessimistic," and 24 per cent are "moderately pessimistic," while the remainder aren't sure.

Albertans' outlook is similarly bleak, with 31 per cent optimistic, and Saskatchewanians registered the lowest vote of confidence of all with just 28 per cent expecting a positive outcome.

Compared to 46 per cent of respondents being optimistic in Ontario, and 46 per cent in Quebec, or the 44 per cent national average, the Prairies don't hold much hope for the inquiry doing good for the country.

Minister Carolyn Bennett
BRAEDEN JONES/METRO

Angus Reid executive director Shachi Kurl said there are a number of reasons for the cynicism.

"Some of it is simply (doubting) the recommendations will be followed," she said. The survey found 35 per cent of respondents had that opinion.

Another 24 per cent said "this would be better left to police and the courts," 21 per cent said the issue is too big and "basically unresolvable," and 7 per cent said it's "over-exaggerated in the first place."

"And there is a sense as well that, we know as a country what the issues are, do we really need an inquiry to look at these issues?" Kurl said.

Beyond hoping for a positive outcome, the Prairies also hold the lowest support in general for the inquiry; although the national average for support is 79 per cent, Manitobans and Albertans are both only 60 per cent in favour.

Montrealer Sarkis Ajamian has been practising his trade for 25 years. RYAN REMIORZ/THE CANADIAN PRESS

TRADITION

Montreal furriers practise trade amid changing times

As Sarkis Ajamian carefully slices the head off a silver fox pelt —being sure to not cut any of the silky grey hair — he's participating in an increasingly rare Canadian tradition.

Ajamian is a third-generation furrier and one of the dwindling number of people left in Montreal who specialize in transforming pelts into fur coats.

The process is labour-intensive — much of it still done by hand using methods that have remained largely unchanged since Ajamian's grandfather launched the family business in Armenia in 1890.

"A real furrier knows how to put the skins together so everything looks exact, because you're bringing in something from nature," says Ajamian, 59.

Though many techniques remain the same, Montreal's fur industry has changed profoundly since Ajamian entered the business 25 years ago. Today he is one of only a few dozen furriers left in a city once called the "fur capital of North America," where foreign buyers flocked to buy pelts at auction and small companies galore occupied the downtown fur district.

Montreal benefited from immigration that attracted skilled furriers to the city in the first half of the 20th century. At its peak in the '70s and '80s, there were about 200 fur manufacturing and supply companies in Montreal, according to Alan Herscovici, executive vice-president of the Fur Council of Canada. Today, he estimates only 40 remain.

40
Estimated number of Montreal furriers practising today

In the workshop above his store, Ajamian cuts a pelt into strips which he sews together by machine. He and his workers will shape and cut the fur blocks using a pattern, sew it together and send it elsewhere to be cleaned in large drums of sawdust and chemicals. The finishing is done in shop, with details such as pockets sewed by hand.

At one time, the business paid well, but nowadays Ajamian says he can't get a bank loan because "they tell me I'm working in a dead industry."

He makes do with less tangible rewards: doing what he likes and having his work appreciated as art.

The fur industry's decline began at the end of the 1980s and was caused by a trifecta of factors: a plummeting stock market, the gradual shift of manufacturing to China and the rise of the animal-rights movement. THE CANADIAN PRESS

Nourishing our community

Last year Scotiabank employees in the lower mainland areas donated over 185 hours of labour at the Greater Vancouver Food Bank Society warehouse. Their effort contributed toward the Food Bank's annual total of 8 million pounds of food. Together they helped sort, box, and distribute much needed food, baby food and diapers for our neighbours in need. What started as a holiday project to help the Food Bank has now become a year-round effort, pro-actively working to help end hunger.

"Volunteers donate 95,000 hours yearly supporting the Greater Vancouver Food Bank — thanks to organizations like Scotiabank"

Aart Schuurmann Hess, CEO, Greater Vancouver Food Bank Society

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'Popular revolt' benefits Trump

PRESIDENTIAL RACE

Experts reveal the appeal of GOP contender to Americans

Jessica Smith Cross
Metro | Toronto

It's a tale of two Americans in Canada. One thinks Donald Trump as president would be a disaster and the other might help vote him in.

But they agree on this: Trump's surging popularity is America's version of a "populist revolt."

"A lot of the people that Trump appeals to have been really feeling hard-hit, they've been hard-pressed, they haven't been getting any relief," said Stephen Newman, an American who teaches political science at Toronto's York University.

Many Americans have legitimate economic grievances and know establishment politicians aren't offering real solutions, Newman said.

That's the basis of a kind of a kind of populist revolt that's brought outsider, and sometimes extremist, politicians to power all over the world.

"He really has read the moment," Newman said. "He does have a huckster's intuition about what is going to sell."

Craig Wolverton, a dual citizen who was born in Florida but now lives in Qualicum Beach, B.C., agrees with the "populist revolt" theory.

"He's a proven businessman, he has a ton of success and I think Americans are wanting a change from the traditional political establishment," he said.

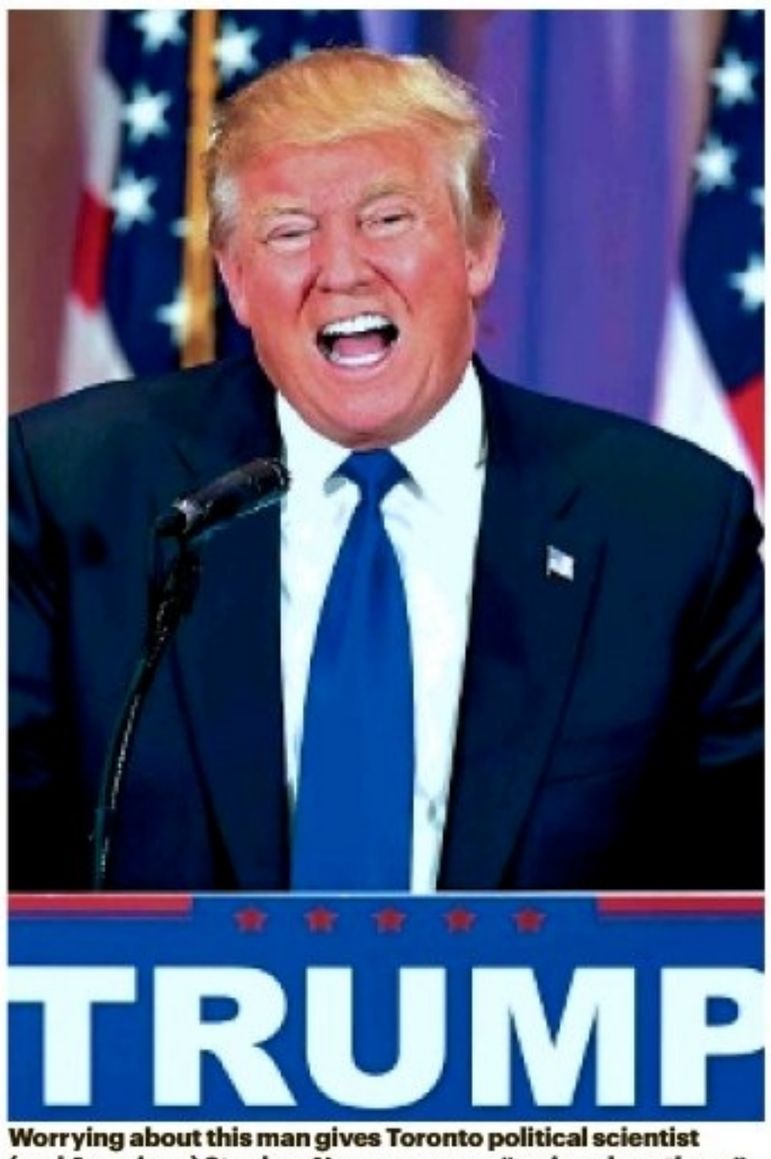
Wolverton and Newman also share a criticism of Trump: They have no idea what he'd actually do if elected, and they haven't seen a real platform yet.

Wolverton isn't sure if Trump's controversial comments about race were made because he doesn't think before opening his mouth or because he knows inflammatory statements grab headlines. Newman sees Trump's comments about Muslims and Mexicans as xenophobic.

Those feelings aren't uniquely American, he said, and boosted the popularity of politicians like Italy's Silvio Berlusconi and France's Marie Le Pen. But, they tend to play out with a different "local flavour" wherever they occur. In America, that flavour is Trump.

CARSON EXITS

Republican presidential candidate Ben Carson ended his campaign after a poor finish across the Super Tuesday primaries. Carson said he sees "no path forward" to the nomination.
THE ASSOCIATED PRESS



Worrying about this man gives Toronto political scientist (and American) Stephen Newman some "serious heartburn" and makes him gravely concerned about the face America is presenting to the world. GETTY IMAGES

'MOVE TO CANADA'

Searches spike after victories

Colin McNeil
Metro | Canada

Searches for "how to move to Canada" and "how can I move to Canada?" hit all-time highs after the likely Republican nominee came away with primary wins in seven states Tuesday night.

Google data editor Simon Rogers tweeted that interest in the search term spiked 350 per cent after Donald Trump secured wins in Alabama, Arkansas, Georgia, Massachusetts, Tennessee, Vermont and Virginia.

The official Google Trends account also tweeted that "Searches for 'Move to Canada' are higher than at any time in Google history."

This comes weeks after a website in Cape Breton, N.S., urged Americans to move there if Trump becomes president.

Coincidentally, the immigration section of Government of Canada website was experiencing delays Wednesday. In a release, the immigration office refuted any claims it was due to the Trump trend.

Grey-haired Anderson Cooper THE ASSOCIATED PRESS

SCIENCE

U.K. researchers discover grey hair gene

If you've experienced the distress of looking in the mirror and unearthing an uninvited grey hair staring back at you, apparently your ancestors are to blame.

A study led by England's University College London (UCL) claims to have discovered the first grey hair gene, confirming that environmental factors are not the only reasons your hair will change colour.

The study for Nature Communications journal analyzed 6,000 people across Latin America to identify the IRF4 gene, which helps determine hair, skin and eye colour.

The research differed from previous studies by focusing on Latin America rather than people of European descent.

"We already know several genes involved in balding and hair colour but this is the first time a gene for greying has been identified in humans, as well as other genes influencing hair shape and density," said the lead author from UCL, Dr. Kaustubh Adhikari.

"It was only possible because we analyzed a diverse melting pot of people, which hasn't been done before on this scale."

The discovery could lead to the development of new cosmetic products to combat grey hair, now that researchers better understand why hair changes colour.

"Understanding the mechanism of the IRF4 greying association could also be relevant for developing ways to delay hair greying," said UCL Professor Andrés Ruiz-Linares.
TORSTAR NEWS SERVICE

APPLICATION

The English research team's findings have potential forensic and cosmetic applications which will develop as scientists increase their knowledge about how our genetics influence the way that we look. The study also found genes associated with beards and unibrows.
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Rexall Health sold for $3B

DRUG STORES

Chain has been undergoing big changes in recent years

Canada's Rexall Health drugstore chain has been sold to U.S. health-care company McKesson Corporation for $3 billion.

The deal was announced Wednesday morning, and is expected to close later this year.

Rexall has 470 retail pharmacies in Canada and is privately owned by the Calgary-based Katz Group, which describes itself as one of Canada's largest privately owned enterprises.

Daryl Katz, Katz Group founder and chairman, is also owner and governor of the Edmonton Oilers.

"I have the utmost confidence that Rexall Health will continue to flourish under McKesson's ownership," Katz said in a notice to investors posted to McKesson's website.

The companies say Rexall Health will continue to be led by its current management, headed by CEO Jurgen Schreiber.

Rexall branded products are shown in a store in Ottawa. The national pharmacy chain describes itself as one of Canada's largest privately owned enterprises. JUSTIN TANG/THE CANADIAN PRESS

> **Rexall Health will continue to flourish under McKesson's ownership.** Daryl Katz, Katz Group founder

The Rexall chain has been undergoing big changes over the past four years, selling franchised stores and renovating and improving stores and adding services.

Rexall was at the forefront of moving flu shots into pharmacies in order to drive revenues at a time when provinces were introducing generic drug bills to make it cheaper to buy drugs — and less lucrative for pharmacies.

"Canada's health-care environment is rapidly evolving; it is marked by a move of primary care into pharmacy and increasingly complex patient demand. With today's announcement, McKesson will bring together the strengths and expertise of our diverse portfolio to address challenges and opportunities in delivering the very best patient care," said John H. Hammergren, chairman and chief executive officer, McKesson Corporation, in a news release to investors.

McKesson is already operating in Canada in the pharmaceutical supply chain sector. Together the Rexall chain and McKesson's existing operations in Canada will employ 13,000 people.

TORSTAR NEWS SERVICE

13,000

The number of people that will be employed by the Rexall chain and McKesson's existing operations in Canada.

HISTORY

3 things about the chain

1. Rexall has been around since 1904.
2. Rexall boss Daryl Katz learned about the pharmacy business from his father Barry, who opened a small drug store in 1955 in Edmonton.
3. In February 2008, Katz paid $200 million to buy the Edmonton Oilers. He was 46 at the time.

TORSTAR NEWS SERVICE

market minute

DOLLAR	74.48¢ (–0.07¢)
TSX	13,017.93 (+35.83)
OIL	$34.66 US (+26¢)
GOLD	$1,241.80 US (+$11.00)

NATURAL GAS: $1.678 US (–6.4¢)
DOW JONES: 16,899.32 (+34.24)

FOOD

Loblaw bets on ugly veggies

Ugly food can mean a pretty profit.

At least, that's the bet Loblaw is making with its ugly duckling line of produce aimed at shoppers looking to save money on the sky-rocketing cost of fresh food.

The company launched its Naturally Imperfect line last March, offering ugly apples and potatoes to Ontario and Quebec shoppers as part of a trial run that later expanded to select stores in other provinces.

More types of cheaper, bruised and misshapen produce will soon be available across the country, the company announced Wednesday.

"It really went well above and beyond what our expectation was," said Dan Branson, the company's senior director of produce.

"I think it really spoke to the fact that Canadians are out there really looking for some options around driving value into their weekly shop and having greater accessibility to that healthy eating product of value."

Based on the program's success, Naturally Imperfect will now include unsightly peppers, onions and mushrooms for consumers in Quebec and Ontario.

Meanwhile, Loblaw's Real Canadian Superstore, Your Independent Grocer and most No Frills stores in B.C., Alberta, Saskatchewan and Manitoba started stocking less-than-perfect apples and peppers Wednesday, and Atlantic Superstore and Your Independent Grocer locations in the Atlantic provinces started stocking Naturally Imperfect apples.

The line's produce is now also available at Your Independent Grocer and Real Canadian Superstore in Whitehorse, Yukon.

The uglier version of a vegetable costs up to 30 per cent less than its good looking counterpart. ISTOCK

The uglier version of a fruit or vegetable costs up to 30 per cent less than its good looking counterpart.

That can be appealing to consumers who have been smacked with sticker shock on the produce aisle over the past year due to the low Canadian dollar and other factors, including shortages caused by a drought in California.

Between January 2015 and 2016, Canadian food prices rose four per cent, according to Statistics Canada's consumer price index. But fresh fruit and vegetables showed some of the biggest increases, shooting up 12.9 and 18.2 per cent respectively.

In the fourth quarter of 2015, Loblaw's internal food inflation outpaced the CPI's 4.1 per cent jump, according to the company's financial reports.

And while it has managed to pass most of this cost on to the consumer, shoppers started choosing cheaper products when some foods surpassed a certain price point, president and executive chairman Greg Weston said during a conference call with investors last week.

Consumers, especially those in Alberta where the economy is struggling, have flocked to Loblaw's discount offerings, he said.

It plans to expand the program even more over the coming months.

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metro VIEWS
Your essential daily news
Thursday, March 3, 2016

CHANTAL HÉBERT ON MAKING PEACE AMONG PREMIERS

To varying degrees, Canada's first ministers all subscribe to the notion that getting more Western Canada oil to tidewater is in the economic interest of the country.

When all is said and done, there is no rational reason for this week's climate-change gathering of first ministers in Vancouver to feature an East-West brawl over pipelines.

Unless the premiers of the energy-producing provinces are irresistibly inclined to lead a charge on windmills, they have no reason to get on their high horses in order to cast themselves as champions of their resources industry.

When it comes to the pipeline agenda, there are no irreconcilable differences between Canada's first ministers. Remarkably, to a man and a woman, the premiers and the prime minister are all sold on it.

To varying degrees they all subscribe to the notion that getting more Western Canada oil to tidewater is in the economic interest of the country. Challengers of that perspective are few and far between in the Canadian political mainstream and none currently sits at the federal-provincial table.

The wide pro-pipeline consensus includes Quebec's Philippe Couillard. This week, he has been painted in some media and political quarters — including in the corridors of the Saskatchewan government in Regina — as a black sheep for insisting the Energy East project live up to Quebec's environmental standards.

And yet that is not even a position Couillard arrived at readily. The province's hand was at least partly forced by events. Sadly, for those who would not let a few facts get in the way of a good West-versus-East plot line, those events mostly took place in British Columbia.

A few years ago, the B.C. government left the responsibility to assess the environmental impact of the Northern Gateway pipeline to the National Energy Board. It based that decision on the argument that interprovincial projects such as pipelines fall squarely under the constitutional authority of the federal government.

B.C. did submit some conditions for supporting Northern Gateway to the federal panel. Most of them were eventually tossed aside by Stephen Harper's cabinet when it gave the pipeline the final go-ahead — almost.

In between the two decisions, some First Nations groups took the province to court. In mid-January the B.C. Supreme Court found the province had abdicated its responsibilities when it declined to conduct its own assessment of the pipeline. It said Christy Clark's government did have the legal duty to insure its environmental standards were respected.

"British Columbia, within its own jurisdiction, has unique objectives, political and social goals, and legal obligations, the court concluded . . . it cannot be the intention of the legislators to allow the voice of British Columbia to be removed in this process for an unknown number of projects, when the purpose behind the EAA (Environmental Assessment Act) is to promote economic interest in this province, and to protect its land and environment."

A similar train has been barrelling down the legal track in Quebec.

The provincial decision to seek an injunction to require TransCanada to submit to the Quebec environmental regulatory process comes as a coalition of environmental groups is asking a court to force Couillard's government to do a full-fledged assessment of the Energy East pipeline.

Like his B.C. counterpart, Couillard has to manage public opinion and the pipeline-adverse official opposition.

If it is to make headway on the project with Quebecers, the last thing the Liberal government needs is to be seen to be dragged by the courts to the task of exerting due diligence on its environmental impact.

Notwithstanding the spin from Conservative quarters in Saskatchewan, Alberta and at the federal level, there are no magic shortcuts to getting shovels in the pipeline ground.

For a decade, Harper's government claimed it had found some. But those shortcuts have all led to quagmires. Pretending a mess that could pave the way to decades of litigation does not exist will not make it go away.

A final word: It may be time for pipeline proponents to drop the tired comparison between projects such as Energy East and the 19th century building of Canada's national railway.

Does anyone seriously believe it helps the pipeline cause to hark back to a time when governments and corporations felt invested with a quasi-divine right to displace aboriginal communities as they saw fit and when the words "sustainable" and "development" were a century away from being routinely paired?

Chantal Hébert is a national affairs writer. Her column appears in Metro every Thursday.

THE MICROTREND: #TrumpYourCat

It's a trend for our times. The people of the Internet love cats. They're fascinated by U.S. Republican front-runner Donald Trump to a comparable degree. Naturally, it follows that #TrumpYourCat has taken off on social media, encouraging amateur hairstylists everywhere to attempt to coif their fur-babies into a 'do resembling the brash billionaire's elaborate and (he says) authentic comb-over. This feline phenomenon apparently began with someone going by the name Donald Purrump, who is promoting the slogan "Trump your cat, just don't Trump America."

SOURCE: THE TELEGRAPH, IMAGE: PAMELA PLOWDEN/INSTAGRAM

ROSEMARY WESTWOOD

metroview

People who use coffee-pod machines belong in the 1950s

In 1955, Life magazine jubilantly declared the age of "Throwaway Living: Disposable items cut down household chores."

Housewives needn't clean up the frying pan or the dog bowl, the article gushed. Why bother when you can toss it, along with the draperies? It recommended the toss-away barbeque — built with an "asbestos shell."

Ah, the quaint ignorance of the '50s. Today, we know environmentally damaging waste ends up swirling around in state-sized piles in the ocean, and asbestos kills you.

And yet, there currently exists a product so wasteful, so unnecessary, based solely on convenience and with zero other redeeming qualities, and it's selling like hotcakes.

I'm talking about coffee pods. Coffee pods are an abomination, a product for the wilfully wasteful, the arrogantly lazy, and the ad-ready George Clooney.

People who drink from these machines — most famously Keurig — belong in the 1950s, where their eco guiltlessness is quite in keeping with the times.

But this is 2016. Three years ago, the World Bank was already predicting that global waste would triple — triple! — by 2100, before it begins to "decline in different regions at different times, depending in part on population growth, waste reduction efforts, and changes in consumption."

Changes, what changes? In Canada, coffee pod machines are on "four out of every 10 Canadian counters," according to the National Post. And Keurig's effort to make the cups recyclable by 2020 won't stop the drain on resources to produce the cups. Even the creator of Keurig's K-Cup machines has remorse: "I feel bad sometimes that I ever did it," he told The Atlantic.

Last month, Hamburg, Germany became the first city to ban coffee pod machines in municipal buildings, citing the waste they create. It will probably also end up cutting the coffee budget, since even the K-Cup's creator admits the machines are expensive to use. That's because each company's machines employ an Apple-esque proprietary model that forces you to use the same company's pods.

As if all this weren't enough, coffee pod machines are a threat to relationships everywhere: Only able to brew one cup at a time, couples must choose every morning who to serve first — themselves or their partner?

But the nail in the coffin, the death of whatever thin sympathy might remain, is this: The coffee itself is entirely ordinary.

Even Nespresso-selling Clooney shouldn't convince you otherwise.

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Zoe Saldana stars in Nina Simone biopic, in theatres and on VOD April 22

This looks like a job for Lois Lane

In his comprehensive and often lively study of Superman's love-interest, Lois Lane, Halifax-based comic historian Tim Hanley describes his subject as "Superman without the superpowers ... [Lois] is just as committed to truth and justice through her tireless reporting, and just as willing to put herself in harm's way to help someone." Here is a look at Lane's portrayal over the years TORSTAR NEWS SERVICE

ACTING THE PART

Incarnations of Lois Lane
Lois Lane, created by writer Jerry Siegel and artist Joe Shuster, first appeared in Action Comics #1 (June 1938). Over the years, she has appeared in many other incarnations. Here are some of our favourites.

Phyllis Coates played Lois Lane in the first 26 episodes of the '50s television series Adventures of Superman, in which she was given equal billing with George Reeves (insisted upon by Reeves).

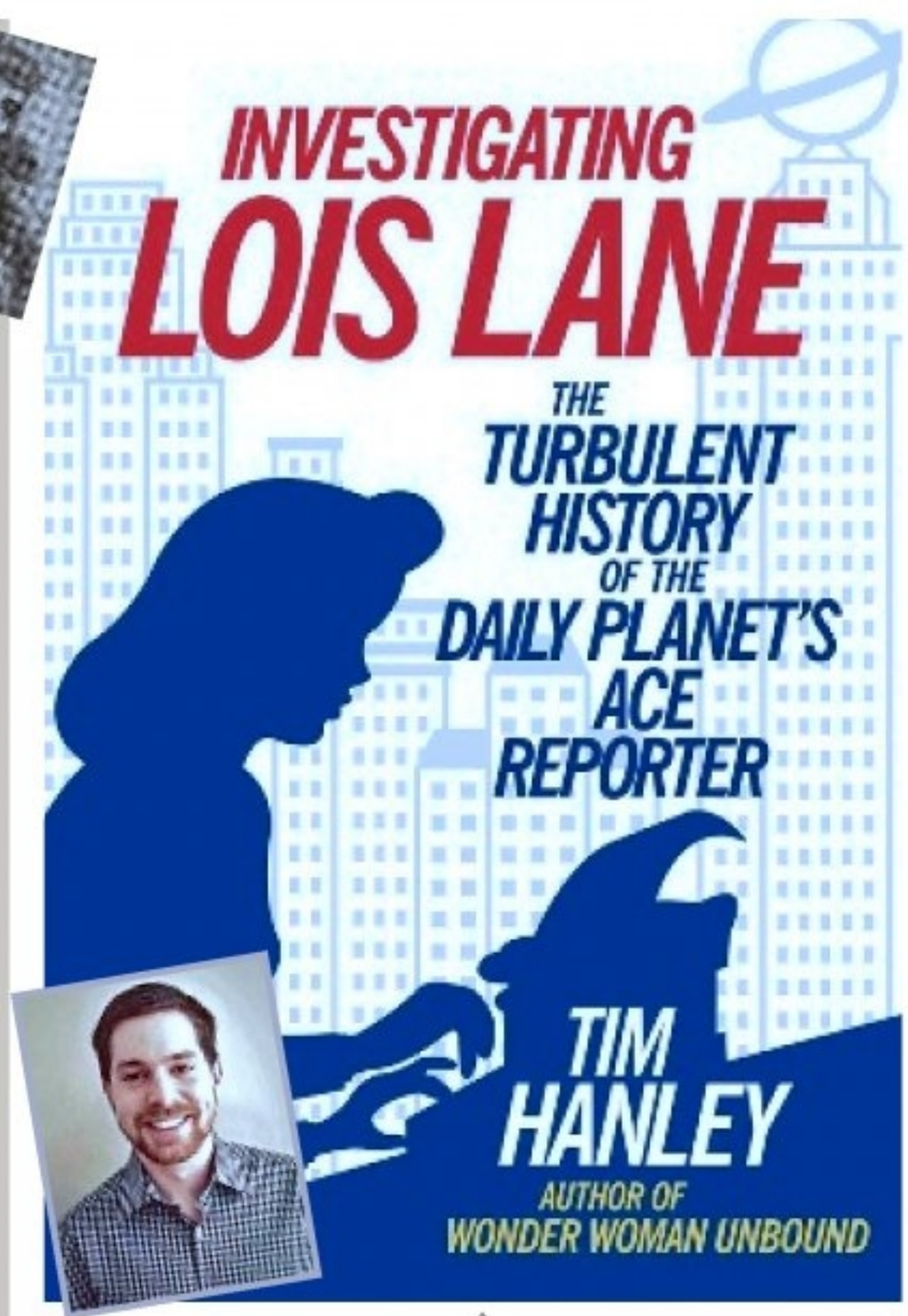
Noel Neill portrayed Lois Lane in the first live-action appearance of Superman on film, in the 1948 serial Superman, which starred Kirk Alyn as the title character. She reprised the role in another film serial in 1950 — Atom Man vs. Superman.

Patricia Marand was nominated for a Tony award for her performance as Lois Lane in the Broadway musical It's a Bird, It's a Plane, It's a Superman in 1966.

Canadian-born **Margot Kidder** played Lois Lane in the 1978 movie Superman and the three sequels starring Christopher Reeve. One of the movies was partially shot in the Toronto Star newsroom at 1 Yonge St.

Teri Hatcher played Lois Lane to Dean Cain's Clark Kent in the television series Lois and Clark: The New Adventures of Superman (1993-1997).

Amy Adams portrayed Lois Lane in 2013's Man of Steel (starring Henry Cavill). She will reprise the role in the movie Batman v Superman: Dawn of Justice which opens later this year.
TORSTAR NEWS SERVICE



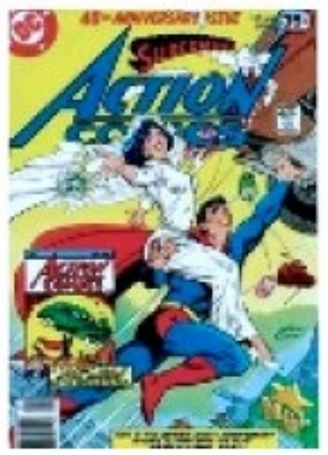
EMPOWERED AND OBJECTIFIED

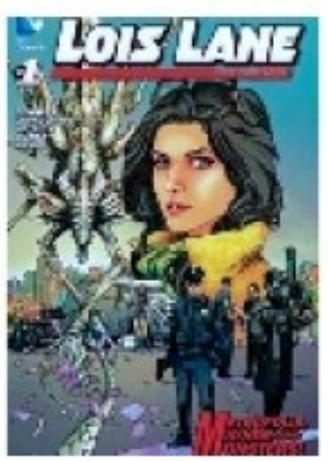
From ace reporter to damsel in distress

At the time of her debut, in the first Superman comic, in 1938, Lois was an independent professional when few women were, having worked her way up from the lovelorn column to the front pages of the Daily Star. Even more unusual, she was happily single.

As time went on, however, Lois was increasingly cast in the role of damsel in distress: her reporting job put her in dangerous situations so Superman could rescue her. Superman was the object of her affections but also, paradoxically, her rival. He used his superpowers to get to stories before she did, then scooped her in his guise as Clark Kent.

Portrayals of Lois have, in the 75 years since, constantly toggled between empowerment and objectification. Sometimes this was a reflection of broader social trends.





A SHORT-LIVED AWAKENING

Total Kryptonite

In the '60s, in the spinoff comic Superman's Girl Friend Lois Lane, Lois had a short-lived feminist awakening: she mastered a Kryptonian form of self-defence, went undercover with a motorcycle gang, and asked to be called "Ms." But on a micro level Lois' fate was also determined by the sexist whims and opinions of the overwhelmingly male roster of artists and writers who worked on her.

EVERY LOIS LANE ITERATION EVER

Comic effect

Investigating Lois Lane cites and assesses what feels like every Lois iteration, whether in print, TV, movies, or on stage. Depending on your relationship to comics, this will be either a plus or a minus. Aficionados will appreciate it, while those with a more peripheral interest in the form may find the book's exhaustiveness — especially in the later chapters — exhausting at times.

CREATIVE BUST-UP

A model wife

Some of the most intriguing aspects of Lois' story occur outside comic panels. The model who posed for Canadian illustrator Joe Shuster's initial sketches of Lois eventually married his creative partner (and writer of the comic) Jerry Siegel — a factor in the men's 25-year estrangement. Both actresses who played Lois in the 1950s TV version of Superman had double L's in their names. And the show's star, George Reeves, was engaged to a dubious socialite with the improbable name Leonore Lemmon at the time of his sudden, mysterious death in 1959.

SHRINKING MEDIA LANDSCAPE

Future under threat

Hanley writes from an unapologetically feminist slant (his previous book was about Wonder Woman) and has an obvious, appealing affection for his heroine. There may be more to say about Lois soon: given that the status of journalists is arguably under greater threat, in today's shrinking media landscape, than the status of women, her future could prove even more interesting than her past.

Tackling the residential school legacy

NEW NOVEL

Joan Crate delved deep into research for Black Apple

Sue Carter
For Metro Canada

Joan Crate's character, a feisty young Blackfoot girl named Sinopaki, was born more than a decade before the Calgary author even knew she was writing her new novel, Black Apple.

Like so many writers juggling multiple roles, Crate only had time to jot down notes in between her busy schedule as a teacher and a mom. But there was something about Sinopaki that stuck with Crate among all the discarded characters and stories.

Published by Simon & Schuster Canada, Black Apple follows Sinopaki — renamed Rose Mary by nuns — as she is taken from her parents to board at St. Mark's Residential School, where she is singled out and punished for her indefatigable spirit and imagination.

"She's modelled after my grandmother's personality," says Crate.

"She was little and tough and full of energy and did things without thinking sometimes."

Crate hadn't intended on writing a novel set in a residential school but given the timeframe of Sinopaki's story, she felt she had no choice, narrative wise.

"I knew that was fraught with all sorts of complications," says Crate.

"It really was a moral decision; I decided I didn't want to be part of the silence around residential schools."

She also knew that if she were to tackle the sensitive subject, she would have to do so by being authentic and respectful.

Crate had already undertaken some research while teaching a native literature class in the 1990s, upon discovering that many of her students didn't know much about aboriginal history, let alone the horrific legacy of Canada's residential-school system. She read many books and personal accounts, and spoke to survivors. Crate, whose father is half Cree, grew up with stories but says, "they were really small and capsulated, like 'if we were bad the nuns made us clean the bathroom with a toothbrush.' You'd just get little bits that people were comfortable divulging."

> **People who set out to do good ended up bitter and mean and attempting to take revenge on children ...**
> Joan Crate on the residential school system

Sinopaki's story, which continues after she leaves the school for work, is paralleled with that of Mother Grace, a pious but intellectually minded nun at St. Mark's who has a few personal secrets of her own.

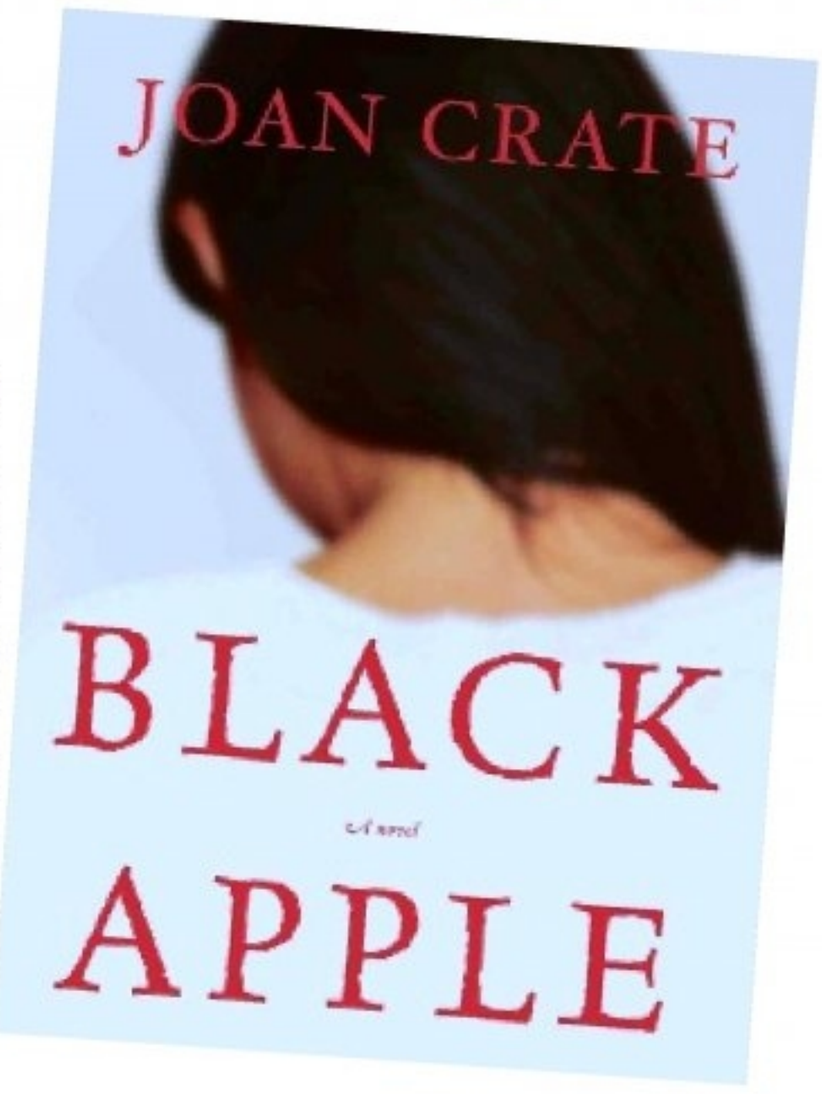
Through writing from the nun's perspective, Crate wanted to explore how people with good intentions became so monstrous.

"People who set out to do good ended up bitter and mean and attempting to take revenge on children who they may have felt were stealing their lives," she says.

"I think it happened in part through a sense of superiority and a lack of respect for other cultures."

Although Black Apple also weaves in an unlikely love story, a murder and ghost sightings, the legacy of the residential school and how it separated child from parent is inescapable. As Crate says, it "felt like a domineering character."

Sue Carter is the editor at Quill & Quire magazine.



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Suite 1307	$292,900 - $35,000 =	$257,900
Suite 2207	$299,900 - $35,000 =	$264,900
Suite 2407	$305,900 - $35,000 =	$270,900
Suite 2507	$307,900 - $35,000 =	$272,900

Sullivan Plan | 2 Bed + Den | 2 Bath | 779 sq.ft.

Suite 2209	$365,900 - $40,000 =	$325,900
Suite 2309	$368,900 - $40,000 =	$328,900
Suite 2409	$371,900 - $40,000 =	$331,900
Suite 2509	$374,900 - $40,000 =	$334,900
Suite 2609	$380,900 - $40,000 =	$340,900

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9 unbelievable deals!

metro HOME
Your essential daily news

Social housing architect Alejandro Aravena receives 2016 Pritzker Prize

MEET THE CONDO

Striking look in Mount Pleasant

ELLSWORTH

CONTRIBUTED

Project overview

Ellsworth, located in the historic Mount Pleasant neighbourhood, offers residents a boutique-living experience. Its a 10 storey-tower over Main Street that features incredible views of the city skyline, ocean sunsets and the North Shore mountains. This Chard Development build has a striking exterior, bound to make passersby take a second look.

Housing amenities

Ellsworth's interiors are defined by refined finishes, intuitive layouts and a sleek designer touch. Units have massive window frames, allowing rooms to fill with natural sunlight. Residents looking to enjoy some fresh air can head up to the 3,500 square-foot rooftop terrace.

Location and transit

Getting to Vancouver's waterfront takes less than 20 minutes. Ellsworth residents can hop on a bus and be at a SkyTrain station in a short time. There's plenty to do on the weekend, including visiting Science World at the Telus World of Science.

In the neighbourhood

Situated in the heart of Vancouver at Main and Seventh Avenue, Ellsworth is within walking distance of the Kingsgate Mall. A few blocks over is the Brassneck Brewery, a yoga studio and many restaurants. The Mount Pleasant branch of the Vancouver Public Library is minutes away as well.

NEED TO KNOW

What: Ellsworth
Builder: Chard Development Ltd.
Designer: BBA Design Consultants Inc.
Location: Mount Pleasant, Vancouver
Building: 10-storey concrete condo
Sizes: From 425 square feet to 1,720 square feet.
Pricing: Starting from $339,900
Suites: 89 units, from studios to three-bedroom homes
Status: Pre-construction
Occupancy: 2018
Sales centre: Opening mid-April at 2106 Main St.
Info: ellsworthvancouver.com

4 THINGS TO KNOW ABOUT THE NEW MORTGAGE RULES

Homebuyers in Canada now face larger down payment requirements for properties over $500,000. The changes that were implimented last month are intended to temper some of Canada's heated real estate markets. Here are four things to know about the new rules.

THE CANADIAN PRESS
GRAPHICS ANDRES PLANA/FOR METRO

1 Cough up the cash

Homebuyers now have to put a down payment of at least 10 per cent on the portion of the price of a home over $500,000. For anyone buying a home for $700,000 — a common list price in Vancouver and Toronto — that means the minimum down payment will rise to $45,000 from $35,000. Any home under $500,000 still requires only a down payment of five per cent.

2 Who's affected

Primarily those shopping for a home in Toronto and Vancouver. First-time buyers in those cities will feel the pinch since they'll be required to put down bigger down payments to get into the market. Those selling their homes in order to size up, especially in cities with hot housing markets, likely won't feel the pain since they've built up equity in those properties.

3 Impact

The influence the new rules will have over house prices is expected to be small, experts say, given their narrow reach. When he announced the changes in December, Finance Minister Bill Morneau said they are expected to affect one per cent or less of the real estate market.

4 Past measures

Four rounds of changes were made to tighten eligibility rules for new insurable loans between 2008 and 2012. Among them: the minimum down payment was increased to five per cent, the maximum amortization period was reduced to 25 years from 30 years and the maximum insurable house price was limited to below $1 million.

Amortization
25yr MAX

Insurable house price
BELOW $1 million

When a book is not a book

These bookends are incredibly easy to make and look great. DEBRA NORTON/TORSTAR NEWS SERVICE

DIY

If you can use a glue gun, you can make these bookends

Books are a great way to add colour and texture to a space. Whether you like to organize your books alphabetically, by size or even colour, sometimes you need a little extra support to keep them standing upright. If you prefer a clean-lined look, these invisible bookends made from old books will keep things in line without adding clutter.

SUPPLIES

- Old books
- Glue gun and glue
- Plain metal bookends

Step 1: Gather and shop for supplies
You may have old books around the house, if not they are easy to find at any thrift shop. Metal bookends can be found at office supply stores.

Step 2: Glue the book covers to the inside pages
Use a glue gun to adhere the book cover (front and back) to the inside pages. This will stop the book cover from flapping open. You may want to add some more glue throughout the book to help keep it closed.

Step 3: Attach the metal bookend to the book
Open the book to the middle and apply glue to adhere the bookend to the book.

Step 4: Allow the glue to dry
Close the book and lay it on a flat surface. Place a heavy object such as a can on top to help the glue set. Allow to dry completely. Repeat process with second bookend.

Voila! Now you're ready to prop up your favourite reads.
TORSTAR NEWS SERVICE

Glue the covers to the inside pages to stop the books from flapping open. DEBRA NORTON/TORSTAR NEWS SERVICE

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More than a place to store your stuff

HOME DESIGN TRENDS

In the reno world, garages are getting all the attention

Many homeowners would never let sports gear, tools and yard equipment clutter up the front hall where it's the first things guests see.

But they're willing to wend their own way into the house through a garage stuffed with those things, plus patio furniture, bikes, holiday decorations and more, says Todd Carter of Tailored Living featuring PremierGarage, in Reston, Virginia.

The company focuses on renovating and improving garages, and that's a hot area in home renovation, experts say. From cabinetry and shelving, to flooring and overhead storage, there are many new ways to turn a garage into an organized and attractive space for storage, entertaining or working out.

The trend has been made especially possible by today's larger garages.

"The sky's the limit," said Greg Parsons, owner of Motor City Garages in Clarkston, Michigan. "It's all based on the homeowner's stuff."

He routinely outfits garages with high-end, scratch-resistant cabinetry, sinks and epoxy flooring — an easy-to-clean coating that comes in numerous colours and finishes. He recently added a line of cabinetry that lets buyers customize the color to match their car.

Some homeowners end up adding televisions and seating, Parsons said.

Jeff and Linda Marsack of Macomb, Michigan, hired Parsons to organize their two-car garage. They added cabinets to store shoes, sporting equipment and tools. She chose red cabinets to match their kitchen.

"Every time you open your garage, you really do smile because it's so organized," she said.

"Who doesn't love an organized space?"

Professional organizer Melanie Dennis gets many calls from homeowners who want to redo their garage because it's too cluttered to fit a car.

"It's a combination of people not wanting to get rid of their stuff and having access to buy things 24/7 and have it delivered to their house," said Dennis, owner of Neat Streak in Columbus, Ohio.

Families today have more stuff than previous generations did, she said. They decorate for more holidays, have dishes that they only use on special dinners, and hang onto photos and sentimental items with the intent of making scrapbooks, she said.

Bill McDonough, senior vice president and chief marketing officer for M/I Homes, a Columbus-based home builder, agrees.

"The big trend has one word, and that is 'storage,'" he said. "People of all ages have an increasing amount of stuff."

Customers increasingly ask for three-car garages or bump-outs that extend the garage's length or width, McDonough said.

The National Association of Homebuilders found that 23 per cent of new homes built in 2014 had three or more garage bays. In 1994, only 13 per cent of new homes had garages that large, according to the Washington-based organization.

Storage products for the garage include wall-mounted panels with slots that can hold everything from pliers to bikes to motorized lifts for hanging golf bags and kayaks. There's cabinetry designed specifically to hold power tools.

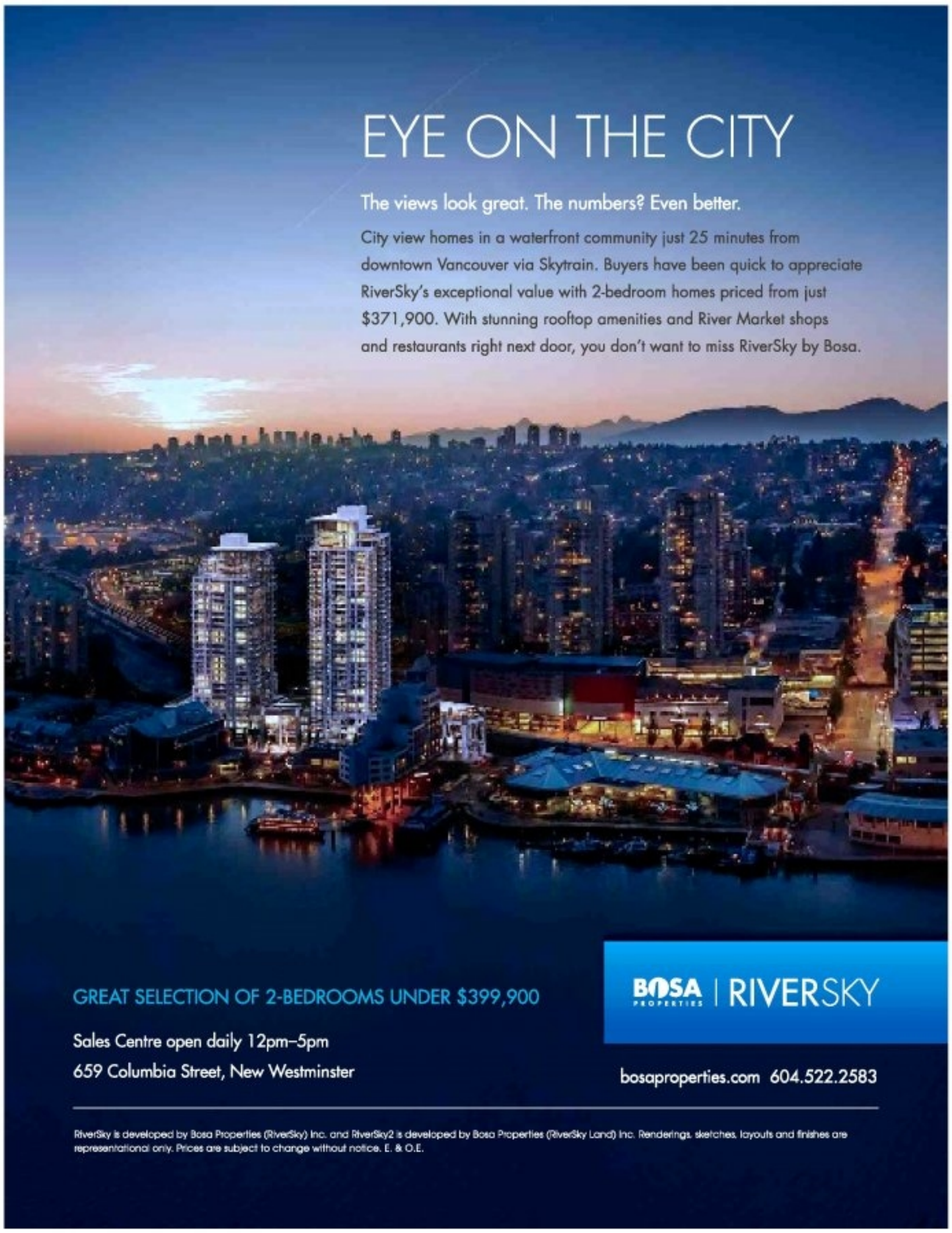
Garage renovations are also a popular do-it-yourself project, said Jason Arigoni, field divisional merchandizing manager for Home Depot's Southern Division.

"I'm definitely seeing more interest in the garage," he said. "It often starts with function and then jumps into fun."

THE ASSOCIATED PRESS

> **"I'm definitely seeing more interest in the garage. It often starts with function and then jumps into fun.**
> Jason Arigoni, Home Depot

Bathroom vanities can be used in the garage as a stylish alternative to traditional garage organization. Plus, the sink helps keep garage grime at bay. HOME DEPOT/THE ASSOCIATED PRESS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Try a colour that complements

DECOR ADVICE

To pick the best hue for your bathroom, look to hair salons

Q. Is it possible to suggest a colour that would give my bathroom a much-needed pop? With the cabinetry being an antique yellow and the tiles beige, I bought this shower curtain hoping to pick up an accent colour to brighten things up a little.

Bold colours can be tempting, but you are better off sticking to soft colours and neutral tones in the bathroom. BENJAMIN BENSCHNEIDER/THE SEATTLE TIMES/TNS

A. Looking to infuse some fun colour in a room can leave some feeling anxious about going too far. For a room that usually isn't very large, deciding which colour to paint the bathroom can cause many people big headaches. Here are a few things to keep in mind to help simplify the process.

Firstly, let's look at the fixed elements in your bathroom. The tiles look to be travertine marble with slight peach undertones, and a darker accent tile banding the shower — overall neutral.

The vanity a soft, creamy yellow, and the tub and toilet white. The shower curtain is a fabulous choice and has many colours we could pull from; some would work better than others.

With an off-white background and pixilated leaves in varying hues of brown, terra cotta, eggplant, blue, turquoise, green and khaki, it really breathes new life into this room. When faced with too many choices — eliminate. First, do away with the colour that you like the least, or that your significant other detests.

When you've narrowed down your choices, trust your instincts and don't second guess or look back.

Certain greens and yellows can leave many people looking sallow and sickly. If you'll be putting on makeup or getting ready for your day in this bathroom, I'd consider colours inspired by skin tones. The hues that complement people most, no matter their colouring, have pink or peach undertones, soft beige or warm tans.

Many hair salons go this route because when your business is making people look good, what people see in the mirror (including the backdrop) is important. Putting a tone with too much peach or pink against the vanity may make it look too yellow and not work as nicely with the rest of the elements.

Colour is relevant to what it is next to in a space. When you are picking colours, make sure you look at it against everything in the room.

If you tend to leave the curtains open, my suggestion would be to unify the bathroom with shades of a singular colour to make it appear as spacious as possible.

To do this, pick a paint shade that's a tone in your tile. Using a more neutral wall colour will allow you to have more fun with accessories.

You can spice the room up with a vibrant colour in your towels, bath mat and art to tie in with the shower curtain.

TORSTAR NEWS SERVICE

GOOD CHOICES

A subdued yet colourful palette from Behr:

- **Polo Tan:** warm latte neutral with some depth
- **Ice Cave:** Deep marine blue
- **Deco Red:** A rich, earthy red
- **Outdoor Oasis:** A muted olive green

A more energetic palette from Benjamin Moore:

- **Crumb Cake:** A buff ivory
- **In the Tropics:** A fun turquoise
- **Martini Olive:** Vibrant green/yellow (for accent only)
- **Peruvian Chili:** Paprika orange
- **Modern Romance:** Dusty brick red

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metro SPORTS

Connor McDavid and Jack Eichel have been selected to the under-23 Team North America roster for this summer's World Cup of Hockey

Gaunce looks to make an impact with Canucks

NHL

2012 first-round pick could play tomorrow against San Jose

Cam Tucker
Metro | Vancouver

Oh, the joys of travelling from one side of the continent to the other in late winter.

After cancelled flights and zigzagging his way across the state of New York from Utica to Syracuse to New York City and running from one terminal to the other inside John F. Kennedy International Airport, Brendan Gaunce finally arrived in Vancouver after midnight on Wednesday.

He made it. Eventually. Unfortunately, his hockey equipment and additional luggage did not.

So when the Canucks practised Wednesday, Gaunce was unable to participate. He was at the arena, awaiting the arrival of his gear, which was expected later in the evening.

Gaunce, Vancouver's first-round pick from the 2012 draft, made his Canucks debut at the end of October.

The rookie forward appeared in two games in a back-to-back situation, scoring his first NHL goal. Following a disastrous trade deadline to begin this week, the Canucks once again recalled Gaunce from Utica, as the youth movement rolls on.

Despite waiting on the arrival of his gear and no practice, there is a good chance Gaunce plays Thursday versus the San Jose Sharks at Rogers Arena, said head coach Willie Desjardins.

"To come into the NHL, you have to be very confident in yourself," said Gaunce. "You have to go in there with the attitude that you're as good as them, if not better."

> **You have to go in there with the attitude that you're as good as them, if not better.**
> Brendan Gaunce

Gaunce exceeded the expectations of Utica coach Travis Green last season as a rookie.

Green constantly stresses the little details. Being sound defensively is an overarching theme. Capable in that aspect, Gaunce has seen an improvement in his offensive production in two seasons.

Last season, Gaunce scored 11 goals and 29 points in 74 games. In 43 games this season, he's already set new highs in goals (15) and points (33).

"That was something that kind of comes naturally to me," said Gaunce of his defensive awareness. "Goal scoring is something I wanted to improve on this year and as of late, it's been improving."

As of Wednesday morning, Gaunce didn't know where he would fit into the Canucks lineup. If it's in a bottom-six role, he's prepared.

"A lot of players are doing that now where they're having stepping-stone years," he said.

Brendan Gaunce has scored 15 goals and recorded 33 points in 43 games this season with the AHL's Utica Comets this season. CHRISTIAN PETERSEN/GETTY IMAGES

LIONS

Extension brings stability: Buono

Wally Buono has already returned as head coach of the B.C. Lions following the one-year-and-done tenure of Jeff Tedford. It's a position that, as of Wednesday, is now Buono's beyond just this season.

The Lions made Buono's contract extension official. He's signed with the local CFL team through 2018.

"In my mind, it brings ... stability," said Buono.

"To try to move forward and put yourself in the best position — not me, per se, but put the club in the best position — I think it's important for everybody, whether it's players, coaches or staff, to know that there's a term in there that's longer than just next year."

Buono, also the general manager and VP of football operations, hasn't coached since 2011 when the Lions last won the Grey Cup.

Since then, the on-field product has dipped, the results have turned mediocre and the Lions brand has taken the hit.

"We felt if we did have a commitment beyond a year, beyond two years, then it would be definitely more positive," said Buono.

"But still a lot of work has to get done, a lot of things have to go right for this to all be proven right."

As for a succession plan at the coaching position beyond 2018, Buono isn't focused on that — at least not yet, anyway.

"The critical issues today are putting a competitive product on the field. All the other plans beyond that are not as relevant." CAM TUCKER/METRO

Wally Buono GETTY IMAGES FILE

WORLD CUP OF HOCKEY

Canada sticking to its golden guns

Hockey Canada is going back to a golden well for the 2016 World Cup.

Twelve of the first 16 players named to the Canadian squad Wednesday won gold at the 2014 Winter Olympics.

Sidney Crosby, Jonathan Toews, Jamie Benn and Ryan Getzlaf front the returning forward group with Drew Doughty, Duncan Keith and Shea Weber back to steady the Canadian back end. Reigning Hart and Vezina Trophy winner Carey Price returns as the favourite to assume the No. 1 spot in goal.

> **The hardest part is the part to come. Not the first 16. My wife could've done that.**
> Mike Babcock

THE CANADIAN PRESS

CONCACAF

America ousts Sounders from Champions League

Reigning champion America rallied to defeat the Seattle Sounders 3-1 on Wednesday night to qualify for the CONCACAF Champions League semifinals.

America won the series on a 5-3 aggregate and will play the Torreon Santos in one of the semifinals.

Queretaro will play against the winner of the Tigres-Real Salt Lake quarter-final series.

THE ASSOCIATED PRESS

PREMIER LEAGUE

Leicester's top rivals fail to gain ground

Leicester strengthened its place atop the Premier League without even playing on Wednesday, after its three main title rivals all lost to cap another unpredictable round in England's top division.

Tottenham could have climbed above Leicester into first place with a win at West Ham, but lost 1-0 through Michail Antonio's early goal.

Third-place Arsenal couldn't take advantage, losing 2-1 at home to Swansea despite taking the lead against the relegation contenders.

Manchester City completed a miserable evening for the title hopefuls by getting beaten 3-0 at Liverpool, where City has now won only once in 35 years.

THE ASSOCIATED PRESS

LAST MATCH

Leicester drew 2-2 at home to West Bromwich Albion on Tuesday.

Sanchez hopes to gain from pain

Blue Jays Russell Martin, front, and Josh Donaldson warm up on deck during action against the Phillies in Dunedin, Fla. on Wednesday. FRANK GUNN/THE CANADIAN PRESS

BLUE JAYS

Bulked-up pitcher takes aim at return to team's rotation

Aaron Sanchez set the goal to be in the Toronto Blue Jays 2016 starting rotation the moment they lost to Kansas City in last year's American League Championship Series.

In the five months since, he's been training hard to make that happen. Sanchez worked out with teammate Marcus Stroman all off-season, bulking up his slender frame by adding 25 pounds of muscle. He's already noticed the fruits of that labour.

Aaron Sanchez GETTY IMAGES

"My mechanics are a lot better than they were last year," Sanchez said after pitching two innings in Toronto's 4-4 tie with the Philadelphia Phillies on Wednesday, the Jays' spring home opener. "What I thought was right last year wasn't right.

"With the stability I've got through these workouts everything just comes more natural. I don't really have to think about it."

> **I was happy for my (former) teammates but at the same time, you wish you could have done that when you were there.**
>
> White Sox second baseman Brett Lawrie on his former team's playoff run last fall.

Sanchez pitched the third and fourth innings, allowing one run on three hits while striking out three.

"I'm just overall (more stable) throughout my delivery," the 23-year-old said. "Where I thought things were going right last year they weren't and that's because I wasn't stable and strong enough to do that stuff."

Manager John Gibbons said Sanchez "looks like a big leaguer" with his new physique.

"He's turned into a man," Gibbons said. "He looks strong. He's only going to get better and better over the years. He looked good." Second baseman Ryan Goins drove in two runs for Toronto (1-0-1) and Dwight Smith Jr. scored the tying run on a wild pitch in the bottom of the ninth.

Domonic Brown, facing his former team for the first time since being acquired by Toronto earlier this spring, drove in a run with a single off Philadelphia's Vincent Velasquez in the fourth.

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RECIPE Chili Chicken Burgers

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

This burger, loaded with cheese and guacamole, will make you forget it's not even beef with its warm spice blend. It will also make you forget it's healthier too.

Ready in
Prep time: 20 minutes
Total time: 45 minutes
Serves 4

Ingredients
- 1 clove garlic, minced really fine
- 1/2 red onion, minced fine
- 1 tsp cumin
- 1 Tbsp chili powder
- Pinch of salt and pepper
- 1 egg, whisked
- 1 lb ground chicken
- 4 thin slices of cheddar
- 3/4 to 1 cup guacamole
- Lettuce, tomato and whatever else you like on a burger
- 4 buns

Crema
- 1 small (250 ml) container of sour cream
- 1/4 cup fresh lime juice
- 1/4 cup fresh cilantro, chopped
- Pinch of salt and pepper

Directions
1. In a small bowl, stir together the Crema ingredients.
2. Have a clean plate ready to place your burger patties on. In a large bowl, combine burger ingredients up to ground chicken. Shape the meat into patties.
3. Add a touch of oil to your pan and warm it up over medium heat. Put patties in and allow them to cook on the first side for about 5 minutes. Flip them over and cook 2 or 3 minutes before placing the slices of cheese on top. Place a lid on the pan or cover with foil to help the cheese melt. Use a meat thermometer to make sure the internal temperature is 165 F.
4. Toast buns to keep them from getting soggy. Spread Crema on the bottom bun, add lettuce, burger, guac and top with the bun.

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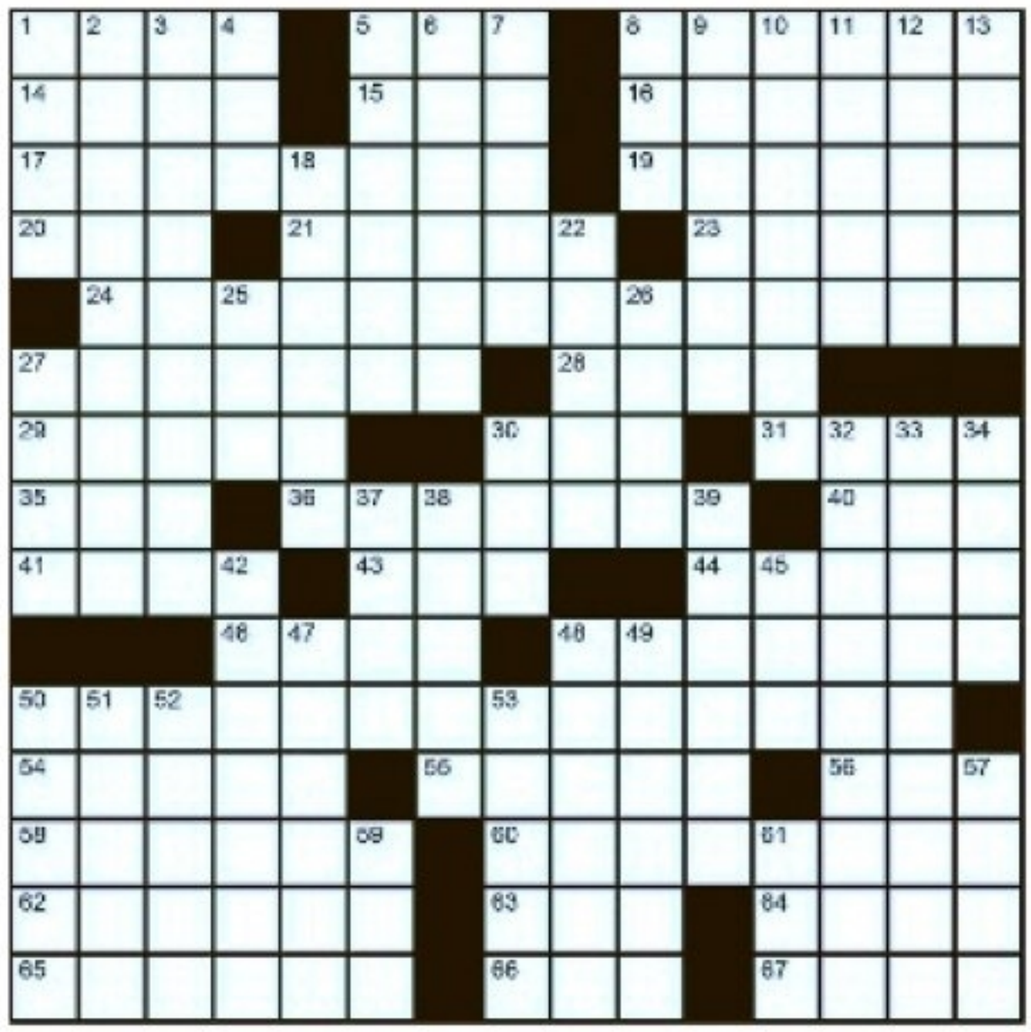
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Police alerts, e.g.
5. Aves.
8. Conquer
14. Oman money
15. Comedian/actress Margaret
16. Jim-Bob Walton's mother
17. Agree to an agreement in pen: 3 wds.
19. Nurses, for example
20. Twisted Sister singer Mr. Snider
21. "__ of Old Smoky"
23. Literary sleuth Mr. Wolfe's
24. Polar Bears, but not Penguins: 2 wds.
27. Messy stain
28. Mexico currency
29. Turn __ (Move past something)
30. River islet
31. Pickup trucks, e.g.
35. Class
36. Windows icons area
40. "_, _ get it!"
41. Bee Gees: "How __ Is Your Love"
43. Co. for commuters in Toronto
44. Legendary choreographer Mr. Ailey
46. __ Sanctorum (Collection of the biographies of Christian saints)
48. Stephane Dion, Minister of __ Affairs
50. Renowned Toronto artists group of the 1950s: 2 wds.
54. Ladder 'levels'
55. Affordable noodle dish
56. Cost
58. Home of Odysseus
60. Like the works by #50-Across
62. Vowel-friendly Ontario village
63. "Surprise!"
64. Prefix meaning 'Within'
65. Work at getting even more paint off
66. Train __.
67. Glenn Frey's "The Heat __"

DOWN
1. Dry
2. Ananas, in Angleterre
3. Called 'The Centre of Canada', it's the only inland community in Nunavut: 2 wds.
4. Mid-'70s kidnappers
5. Picturesque
6. Shakespeare's Globe roof style
7. Funkadelic's "One Nation Under a Groove" bit: "__ you can't get under it..."
8. Leader of Sneezy's band
9. Some antelopes
10. It'll crackle/glow giving warmth
11. "...if __ saw one!"
12. Keep an __ mystery
13. Parisian 'cup'
18. Like contract lines
22. Songbird sort
25. Gear tooth
26. Jared __
27. Remarked
30. U.S. dog org.
32. Lovers of dramas, Oscars, scenes, etc.: 2 wds.
33. __ Bay (Bay of Fundy inlet)
34. __ Fein (Irish republican party)
37. 'Bachelor' suffix
38. Beatles drummer Ringo
39. Mother or father
42. Prehistoric supercontinent
45. After-Exodus bk.
47. Hospital diagnostic tool, e.g.: letters + wd.
48. 'Austin Powers' techie temptress
49. "Little House on the Prairie" character Nellie's surname
50. Busybody
51. Other: French
52. "The Shoop Shoop Song (It's __ Kiss)"
53. Swedish cars
57. Certain collar
59. Accounting review, briefly
61. King, in Portugal

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You will gain a new perspective on what's important and what your long-term ambitions should be. Don't hold on too tightly to what you've got because what's coming next will be so much better.

Taurus April 21 - May 21
You may look calm on the outside but on the inside your emotions are bubbling and what happens next will bring them to the boil. That's good. It isn't healthy to keep all that passion and aggression bottled up inside.

Gemini May 22 - June 21
Things may not have worked out the way you hoped they would but there's no need to worry about it and even less need to change directions.

Cancer June 22 - July 23
You may be tempted to tear down something it took you a lot of time and effort to build, simply because it is not up to the high standards you set for yourself, but the planets warn you will regret it if you do. Stop being so hard on yourself.

Leo July 24 - Aug. 23
Act on your feelings. No matter how unpopular it might make you, if that little voice in your head says it is the right thing to do you should know better than to ignore it. Act now!

Virgo Aug. 24 - Sept. 23
Don't take chances with money, even more so if it belongs to other people. Wait and see what the weekend brings before taking risks.

Libra Sept. 24 - Oct. 23
At times you wonder why you put up with someone's bad behaviour. So why do you? Most likely there is no reason at all, so get your act together and get them out of your life once and for all. You will feel better for it.

Scorpio Oct. 24 - Nov. 22
Try not to make an issue of whatever it is you are expected to do today. Take it in your stride. It will only get complicated if you make it complicated — so don't!

Sagittarius Nov. 23 - Dec. 21
Find a positive outlet for all that energy you've got inside you. Affairs of the heart and creative activities are well-starred, so focus on these and avoid anything negative.

Capricorn Dec. 22 - Jan. 20
Cosmic activity in the domestic area of your chart will reach critical mass today. If there is some kind of explosion the results should be positive. At the very least you will know why a loved one needs more attention.

Aquarius Jan. 21 - Feb. 19
Don't waste time arguing with people whose views are wrong. It's highly unlikely you'll convince them, so let them keep on making mistakes while you keep on having fun.

Pisces Feb. 20 - March 20
There will be changes in your money situation. Whether they are good or bad remains to be seen but if you approach them in a sensible manner you won't be out of pocket for long.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

9	6			4			2	8
2		4	5	9		3		7
			8					
						2	6	
6	4		3	7	5		8	9
	5	1						
					9			
1		6		3	7	8		4
4	3			1			9	2

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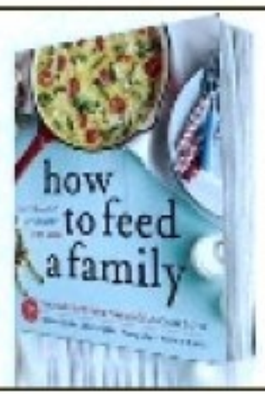

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games

4	1	7	8	6	2	3	5	9
2	3	8	4	5	9	6	7	1
6	9	5	7	3	1	2	4	8
9	4	3	6	8	7	5	1	2
8	7	6	2	1	5	9	3	4
5	2	1	9	4	3	8	6	7
7	8	4	5	2	6	1	9	3
1	6	9	3	7	8	4	2	5
3	5	2	1	9	4	7	8	6

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